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HARMONY LASER FACT SHEET **Skin Tightening**

Firm up loose skin

We all age, yet none of us wish to see the signs of ageing. Until now, plastic surgery was the only effective treatment for skin laxity, which adds years to our overall facial appearance. Yet while we want to maintain a firm fresh look, today's active lifestyles leave little time for post-operative recuperation periods, not to mention the side effects or prohibitive costs of surgery. Besides who wants to wait until sagging skin is so serious that it demands surgical procedure

Today there is a, simple, quick and non-invasive alternative. Harmony skin tightening technology tightens loose skin on the face, neck, arms and abdomen, where sagging skin unattractively points out the passage of time

How does the Harmony Laser work for you?

Without damaging the skin's surface, Harmony safely and effectively heats the inner layer-dermis – of the skin, using Near Infra-red inducing the formation of collagen, essential for a firm, young look.

What to Expect

Patients will consult with one of skin specialists to determine their course of treatment. Results depend on factors that include age, the target areas location and the severity of the skin laxity. Patients generally note improvement soon after treatment, while others witness a more gradual improvement.

Before treatment a cold gel is usually applied to the area to be treated. Then the specialist will deliver a very precise pulse of Infra-red light to the target areas. Patients report little or no pain with Harmony or just a slight warming on the skin and can return to their normal activities immediately.

A course of six treatments is recommended at 3-4 week intervals for optimum results

Is it safe?

Harmony assures safe, effective treatment. Light pulses precisely heat their intended targets, causing little or no skin damage or discomfort. This optimal use of energy both increases safety and eliminates the need for cooling methods. Clinical trials conducted by leading authorities on Harmony have documented its safety and effectiveness.

The Harmony Laser Advantage

Conventional skin tightening methods include topical lotions and creams, dermabrasion, chemical peels and resurfacing lasers. As superficial emulsions cannot fully restore collagen in the skins inner layer, they have limited value if not used in combination with other treatments. Ablative resurfacing while more effective may cause swelling and redness. In any case, the prolonged recovery time that often accompanies more dramatic resurfacing may not suit those patients who seek effective skin rejuvenation/tightening with minimal downtime and risk.

In contrast the skin tightening light pulse method penetrates and heals your skins inner layer without harming its surface. The light tightens, as well as tones and textures your skin, THE RESULT; Improved overall skin appearance without injury.

All consultations are completely free and without obligation, just
enquire at reception

Or call us on

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