



Henley Clinic Ltd | 24a Tuns Lane | Henley-on-Thames | Oxon | RG9 1SA

## **THREAD VEINS AND VASCULAR LESIONS**

**Intense Pulsed Light (IPL)**

**Prices range from £175.00**

Intense Pulsed Light is a technological advancement in non-invasive, safe and effective skin rejuvenation, hair removal, thread veins, vascular lesions and is suitable for most skin types. Intense Pulsed Light is not a laser but utilises a patented process of safe intense light to the skin and unwanted vein area and is commonly referred to in magazines and press as I.P.L. treatment.

Many clinical studies have been carried out demonstrating the efficacy of Intense Pulsed Light, while its excellent safety profile is proven and effective in removal of unsightly thread vein and vascular lesions.

### **WHAT DOES THE TREATMENT INVOLVE**

Treatment with I.P.L. is very well tolerated, but there could be some mild discomfort. Patients do not require any local anaesthetic but this can be made available if required.

Because the light is very bright, your eyes need to be protected by wearing goggles during treatment.

Depending on the procedure the treated skin may look grey and slightly bruised. Some redness and swelling may occur within a few minutes and could last several hours, followed by some scaling and or crusting to form a thin scab. In majority of cases no actual crusting occurs at all.

Usually small test areas are treated first with different doses of light to find the best intensity for your skin, if the results are good larger areas can be treated. Larger areas of vascular lesions may need multiple treatments and sometimes over several weeks and/or months. In the case of thread veins however the treatment is usually successful in only one or two treatments.

### **WHAT ARE THE SIDE EFFECTS**

It is **extremely** rare for scarring to follow modern I.P.L. treatment, but in the unlikely event of occurrence it is usually a loss of pigment in the skin which

looks lighter than the normal skin or a slight depression in the skin which may return to normal in time.

## **IMPORTANT DO'S AND DON'T'S**

### **Before Treatment**

1. Tanning of the skin may reduce the effectiveness of the treatment, try to avoid sun or sun bed exposure to the area of the skin to be treated and use strong sun blocks (factors 15 and upwards) when you skin is exposed to sunlight
2. Make-up or camouflage may block out the I.P.L. light, it is advised to remove this thoroughly before treatment

### **Post Treatment**

1. The treated areas should be treated carefully until the skin has had time to fully heal. Avoid any injury, rubbing or scratching and leave any scab to separate normally
2. If the redness and swelling lasts for more than a couple of days, the area may need antiseptic ointment and/or antibiotics, please contact the clinic.
3. The treated area will be sensitive to the effects of sunlight and sun-beds and should be covered or protected with high factor sun screens (factor 20 and over) for a period of 2-3 months following treatment. There is no need to restrict any activity if this advice is followed

If a course of treatment is required, a special treatment course price will be organised for your specific treatment

**Full detailed fact sheet is available**

**You can book for a completely free and without obligation consultation with one of our skin specialists to discuss your needs, requirements and questions**

***ASK AT RECEPTION OR SIMPLY CALL US ON  
01491-573344***