

works in PROGRESS

Introducing three talented international professionals who are revolutionising their respective cosmetic-enhancement fields.



PHOTOGRAPH: MIERSWA-KLUSKA/TRUNK ARCHIVE/SNAPPER MEDIA

Three professionals, three medical fields, one goal: to help provide the best cosmetic-enhancement procedures and products. Here, editor Ricky Allen details the accomplishments of an aesthetic physician, a neurotoxins expert and a molecular biologist, and outlines their goals, successes and current projects.



Dr Kate Goldie

A UK-based aesthetic physician, Dr Kate Goldie has a private practice in London's prestigious Harley Street, as well as Henley-on-Thames. In addition to being regarded as a leader in the field of injectables, she is also the medical director of European

Dr Kate Goldie is a fan of the natural look.

Medical Aesthetics, one of Europe's largest aesthetics training organisations.

To date, Dr Goldie has visited more than 25 countries to train medical staff. Her training focuses on teaching clinicians how to correctly assess a patient's face so that they may be given the most appropriate treatment for their aesthetic needs.

Dr Goldie is an advocate of natural-looking injectable treatments. In fact, her opinion is that if someone asks a patient about the work they have had done, then it hasn't been carried out very well. She also believes the "blown-up look" is actually ageing.

Currently, she is in the process of writing two books: one aimed at patients and the other targeted at clinicians. The book for patients details how to perform a "true self-assessment", whereas the publication for clinicians focuses on how they can deliver the most natural-looking results for each of their patients.

According to Dr Goldie, pre-treatment consultation is absolutely vital in delivering optimum results. She believes that during the consultation process, a thorough anatomical analysis of every aspect of the patient's face should be undertaken and an in-depth

plan drawn up in order to successfully play up strengths and help minimise any weaknesses.

The service Dr Goldie offers is both unique and relevant to both aesthetic patients and clinicians alike.

Dr Goldie is an advocate of natural-looking injectable treatments and believes the "blown-up look" is ageing.